

Insights Discovery Workshop



- Help team members understand their personal impact
- Enhance individuals self awareness and confidence
- Improve the interpersonal dynamics of your team
- Identify strengths, areas for development and how to be more effective

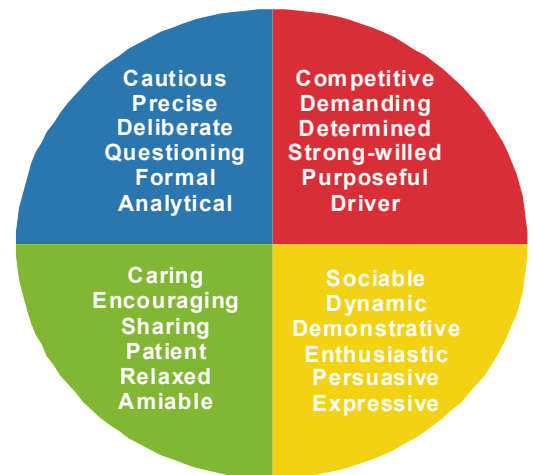
Overview

The Insights Discovery Workshop provides a positive and practical experience to help individuals and teams become more effective - by exploring their self perception and the perception others have of them. The approach is fun and interactive, and gives participants a language and framework for understanding themselves and others better which they can put into practice immediately.

Workshop Preparation

Individuals complete a 25 frame evaluator on-line, prior to the workshop. The output is a 20+ page profile which helps recipients gain a detailed understanding of their personal style, and how this impacts on their relationships in both personal and professional environments.

Using each participant's profile, the workshop facilitates individuals to understand their own personality better, to identify other types of personalities and adapt to different communication needs. The use of the four colour energies - Fiery Red, Sunshine Yellow, Earth Green and Cool Blue - creates a common language framework on which participants can base their interactions in the future.



Investment

Total investment for this one day workshop is £245 per person which includes the Insights Profile. Alternatively, this workshop can be delivered internally to your organisation for a total investment of £2050. Based on a group size of ten persons, this reflects an investment of £205 per person. This cost includes all relevant materials but excludes any costs associated with the venue.